

# Blood Testing

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## Blood Tests Pricing

Serum separating tube (SST) ● Potassium EDTA tube (EDTA) ●

| Test Name               | Biomarker   | Description  | When To Take   | Sample Collection | Price (Incl Blood taking service & VAT) |
|-------------------------|---|--|--|-------------------|---|
| Cholesterol Test        | Total Cholesterol, High-Density Lipoprotein, Low-Density Lipoprotein, Triglycerides, Non-High-Density Lipoprotein   | Evaluates the risk of heart disease by measuring different types of cholesterol and fats in the blood  | Recommended as part of a routine cardiovascular risk assessment or if you have a family history of heart disease                             | ●                 | £75.00                                  |
| Cortisol Test           | Cortisol  | Cortisol is a hormone that regulates various processes, including metabolism and the immune response. It's also the body's main stress hormone. This test measures its levels in the blood at 9am, when it should be at its peak.  | If experiencing symptoms related to stress, adrenal issues, or to assess the body's circadian rhythm.  | ●                 | £65.00                                  |
| CRP (Inflammation) Test | CRP   | C-reactive protein (CRP) is a marker of inflammation in the body. Elevated levels can indicate conditions like infections, chronic inflammatory diseases, and cardiovascular disease.  | If suspecting an inflammatory condition or for a general health assessment.  | ●                 | £65.00                                  |
| Female Hormone Profile  | Follicle-Stimulating Hormone, Luteinizing Hormone, Oestradiol, Prolactin  | This profile evaluates key hormones that regulate the menstrual cycle, fertility, and overall female reproductive health.  | At specific times during the menstrual cycle, especially if suspecting hormonal imbalances or reproductive issues.                           | ●                 | £95.00                                  |
| Folate Test             | Folate  | Folate, also known as Vitamin B9, is essential for DNA synthesis and repair, red blood cell formation, and proper brain function. A deficiency can lead to anaemia and neural tube defects in new-borns. The Folate test measures the concentration of folic acid in the blood to detect deficiencies. | If suspecting a deficiency, especially in pregnant women or those planning to conceive.  | ●                 | £65.00                                  |
| Full Blood Count        | Haemoglobin, Red Blood Cell Count, White Blood Cell Count, Platelets, Neutrophils, Lymphocytes, Monocytes, Eosinophils, Basophils, Mean Corpuscular Haemoglobin, Red Cell Distribution Width  | A comprehensive blood test that measures red blood cells, white blood cells, and platelets. The 5-part differential provides detailed insights into different types of white blood cells, helping diagnose infections, anaemias, and other blood-related conditions                                    | As part of a routine health check, during or after infections, or if suspecting haematological issues.                                       | ●                 | £85.00                                  |
| Liver Blood Test        | Albumin, Total Protein, Globulin, Alkaline Phosphatase, Alanine Aminotransferase, Aspartate Aminotransferase, Gamma-Glutamyltransferase, Creatine Kinase  | A comprehensive test to evaluate the health of the liver by measuring various enzymes and protein in the blood.  | If suspecting liver issues based on symptoms or for a routine liver health check.  | ●                 | £75.00                                  |
| Male Hormone Test       | Total Testosterone, Sex Hormone Binding Globulin, Free Androgen Index, Luteinising Hormone, Follicle Stimulating Hormone, Prolactin   | Evaluates the levels of testosterone and its availability in the body, offering insights into male reproductive health and potential hormonal disorders.   | If suspecting male hormonal imbalances or during an evaluation of reproductive health.   | ●                 | £95.00                                  |
| Nutrition Test          | Total Cholesterol, High-Density Lipoprotein, Low-Density Lipoprotein, Non-High-Density Lipoprotein, Triglycerides, Iron, Ferritin, Transferrin Saturation, Active Vitamin B12, Folate, 25-OH Vitamin D, Calcium, Magnesium, Albumin, C-Reactive Protein | A comprehensive nutrition test that measures key vitamins, minerals, proteins, and cholesterol levels to assess overall nutritional status. It helps identify deficiencies, imbalances, and risk factors affecting energy, immunity, and general health  | Recommended if you experience fatigue, low energy, poor immunity, or dietary deficiencies, or as part of a routine health and wellness check | ●                 | £75.00                                  |

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| Ovarian Reserve Test     | Anti-Mullerian Hormone (AMH)   | AMH levels can provide insights into a woman's ovarian reserve or the number of remaining eggs. It's a useful indicator of fertility potential.   | For women considering pregnancy or assessing fertility status.  |    | £100.00 |
| Progesterone Test        | Progesterone   | Progesterone is a crucial hormone in the female menstrual cycle, pregnancy, and embryogenesis. This test measures its levels, which can help assess ovulation, menstrual irregularities, and certain conditions related to the ovaries.                           | During specific times of the menstrual cycle, especially if suspecting ovulation issues or hormonal imbalances. |    | £64.00  |
| Testosterone Test        | Total Testosterone   | Testosterone is the primary male sex hormone but is also present in females. This test measures its levels, which can aid in diagnosing various conditions, including male hypogonadism, tumours, and hormonal imbalances.  | If suspecting testosterone imbalances or Total Testosterone as part of a hormonal evaluation.                   |    | £65.00  |
| Thyroid Function Profile | Thyroid Stimulating Hormone, Free Thyroxine, Free Triiodothyronine, Thyroid Peroxidase Antibodies, Anti-Thyroglobulin Antibodies   | This profile assesses how well the thyroid gland is functioning. It measures hormone levels to detect imbalances, helping identify conditions such as hypothyroidism and hyperthyroidism.   | If experiencing symptoms of a thyroid disorder, such as fatigue, weight changes, or temperature sensitivity.    |    | £75.00  |
| Total Vitamins           | Vitamin D, Vitamin B12, Folate, Iron, Ferritin, Magnesium  | A comprehensive test that measures key vitamins essential for overall health. These include Vitamin B12 for nerve function, Vitamin D for bone health, and Folate for DNA synthesis.  | Annually or when wanting a broad overview of vitamin levels.  |    | £115.00 |
| Ultimate Man             | Albumin, Total Protein, Globulin, Alanine Aminotransferase, Alkaline Phosphatase, Gamma-Glutamyl Transferase, Vitamin D, Vitamin B12, Folate, Calcium, Magnesium, Iron, Ferritin, Transferrin Saturation, Total Cholesterol, High-Density Lipoprotein, Low-Density Lipoprotein, Non-High-Density Lipoprotein, Triglycerides, Thyroid Stimulating Hormone, Free Triiodothyronine, Urea, Creatinine, Glomerular Filtration Rate Calculated, Uric Acid, Glycated Haemoglobin, Total Testosterone, Oestradiol, Prolactin, Prostate Specific Antigen, Creatine Kinase, Haemoglobin, Red Blood Cell Count, White Blood Cell Count, Platelets, Neutrophils, Lymphocytes, Monocytes, Eosinophils, Basophils, Red Cell Distribution Width | A detailed profile designed for men, focusing on cardiovascular risk, metabolic health, liver and kidney function, hormonal balance, and vital minerals and vitamins. This test provides a holistic view of male health.  | Annually or when wanting a comprehensive overview of male health.   |   | £185.00 |
| Ultimate Woman           | Albumin, Total Protein, Globulin, Alanine Aminotransferase, Aspartate Aminotransferase, Alkaline Phosphatase, Gamma-Glutamyl Transferase, Vitamin D, Vitamin B12, Folate, Calcium, Magnesium, Iron, Ferritin, Transferrin Saturation, Total Cholesterol, High-Density Lipoprotein, Low-Density   | Tailored for women, this profile assesses cardiovascular health, metabolic status, liver and kidney function, hormonal balance related to menstrual cycle and fertility, and essential vitamins and minerals, offering a comprehensive overview of female health. | Annually or when wanting a detailed overview of female health.  |   | £185.00 |

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|------------------|---|---|--|---|--------|
|                  | Lipoprotein, Non-High-Density Lipoprotein, Triglycerides, Thyroid Stimulating Hormone, Free Triiodothyronine, Urea, Creatinine, Glomerular Filtration Rate Calculated, Uric Acid, Glycated Haemoglobin, Creatine Kinase, Follicle Stimulating Hormone, Luteinising Hormone, Oestradiol, Prolactin, Haemoglobin, Red Blood Cell Count, White Blood Cell Count, Platelets, Neutrophils, Lymphocytes, Monocytes, Eosinophils, Basophils, Red Cell Distribution Width |   |  |   |        |
| Vitamin B12 Test | Total Vitamin B12   | Vitamin B12, also known as cobalamin, is an essential vitamin that plays a crucial role in red blood cell formation, cell metabolism, nerve function, and the production of DNA. A deficiency in Vitamin B12 can lead to anaemia, fatigue, weakness, constipation, loss of appetite, weight loss, poor memory, or numbness and tingling in the hands and feet. The Vitamin B12 test measures the amount of vitamin B12 in the blood and is used to detect deficiencies. | When experiencing symptoms of a deficiency or as part of a routine nutritional assessment. |    | £65.00 |
| Vitamin D Test   | Vitamin D (25 OH)   | Vitamin D is essential for bone health as it plays a vital role in calcium absorption in the gut. A deficiency in Vitamin D can lead to brittle conditions like osteoporosis and rickets. There are two forms of Vitamin D: D2 and D3. The Vitamin D (25 OH) test measures the total amount of both forms in the blood and is the most used test to identify a Vitamin D deficiency.  | If experiencing bone pain, muscle weakness, or as part of a routine health check-up.       |  | £65.00 |